

## Research on the Function of Chinese Teaching in Improving Students' Humanistic Quality

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**Abstract:** With the continuous promotion and development of quality education, more and more attention has been paid to the role that Chinese classroom teaching plays in humanistic quality education in colleges and universities. Through Chinese classroom teaching, students are able to build a better spiritual world, broaden thinking and improve quality. This paper analyses and discusses the function of Chinese teaching in the cultivation of humanistic quality as well as related strategies, and puts forward some opinions for reference.

### 1. Introduction

As far as the current Chinese teaching in colleges and universities is concerned, humanistic quality can be understood as the unified expression of a person's internal literary temperament, moral accomplishment and spiritual connotation through classroom teaching and surrounding environmental impact. In the term of our country, the level of people's humanistic quality produces a great impact on the development of national culture, improvement of civilization and the long-term stability of society. Promoting the humanistic quality of the whole nation is conducive to our country's cultural rejuvenation, prosperity of socialist culture, and the great rejuvenation of the Chinese nation. Attaching importance to the improvement of humanistic quality is one of the manifestations of our country's adherence to the road of socialist cultural development with Chinese characteristics, as well as our cultural strategy of building a strong socialist cultural country.

### 2. Basic Connotation of Humanistic Quality

Humanistic quality refers to people's comprehensive quality in humanities and the degree of development they have achieved. Humanistic quality means people's specific views on real life, as well as the inherent moral and quality cultivation, which derives from the way of dealing with affairs. It includes four aspects that are humanistic knowledge, understanding of humanistic ideas, mastering humanistic methods and following humanistic spirit. At present, we can understand it as the outlook on life, world outlook and values generated by human beings in real production and life, and the spiritual driving products which are explored. Humanistic quality can also be called a comprehensive term of culture, will, connotation and other aspects.

### 3. Necessity of Emphasizing Humanistic Quality

The level of humanistic quality has an important influence on the improvement of the overall national quality and the progress of social civilization. Therefore, it is essential to start with students and pay attention to the cultivation of humanistic quality. College students are the backbone of our country's future development. It is required to attach importance to the improvement of students' humanistic quality, help them understand their responsibilities and mission, and assist them to establish correct outlook on life, values and world outlook. In Chinese classroom teaching, teachers are supposed to consciously instill positive ideas into students, help them expand knowledge reserves and enhance their ideological level. In order to cultivate all-round talents who conform to the trend of the times and can meet the challenges of socialist modernization, guiding students to attach importance to the improvement of their own quality and the construction of their own

spiritual world is of great importance. Attaching importance to the cultivation of humanistic quality is one of the important manifestations of attaching importance to the all-round development of students.

#### **4. Influence of Chinese Teaching in Colleges and Universities on the Cultivation of Students' Humanistic Quality**

##### **4.1 Add Color to the Construction of Students' Spiritual World**

Chinese curriculum in colleges and universities is designed to take the improvement of students' humanistic quality as the main teaching objective. Through the analysis and understanding of literary works, it helps students understand society, history, ecology, literature, philosophy and other aspects comprehensively, which also improves their personal literacy, optimizes their temperament, promotes their emotional awareness, and promotes students to have a diversified and comprehensive development.

In Chinese classroom teaching, reading and appreciating literary works will lead students' inner feelings to resonate with the authors, help students truly understand the rich humanistic spirit in literary works, and enrich students' own spiritual world construction. Due to the narrow living environment of contemporary students and a lack of social experience and life experience, their individual spiritual world is relatively scarce with incomprehensive judgment for things' development and not long-term enough vision. For these, teachers are advised to help students understand the outside world through literary works and enrich students' spiritual construction.

In Chinese class, classical literature can be cited as works to broaden students' horizons and make up for the lack of cognition due to limited experience. For example, in Chinese class, Wang Yangming's work "Integration of Knowledge and Practice" is quoted to make students understand that "In the process of becoming a saint, everyone needs to seek strength from the heart and ontology, but not from the outside", so that students will be led to attach importance to their inner self-cultivation, integrity, sense of mission and sense of responsibility. The philosophy of "in order to create a peaceful world, we must be fraternal, generous, considerate, and learn the basic philosophy of serving people that saints preach all our lives" help students establish goals. What is the purpose of learning? Learning is to find the truth of the world, to find the right way for the country and society to move forward. College Chinese teaching is of positive significance to the cultivation of students' humanistic quality, which correctly guides students' attitudes towards things, broaden the perspective of thinking about things, and open up the breadth of life pattern.

##### **4.2 Expand Students' Thinking**

One of the important goals of humanistic quality is to develop students' creative thinking. In College Chinese classroom teaching, excellent literary works are quoted to show the authors' unique thinking mode, thinking method and writing skills in class, so as to help students understand the unique thinking perspective of these literary writers through learning these excellent works, and to draw wisdom from ideological essence, enrich cognition, enhance thinking depth and broaden thinking perspective. Let us take Chuang Tzu's "Autumn Water" as an example. There is a sentence meaning that "from the point of view of the common sense, all things have no distinction in value and inferiority. From the point of view of all things themselves, they are respectively valuable and the others are inferior. From the point of view of the secular world, the value and inferiority do not lie in things themselves. From the point of view of the difference among things, observing along the big side of all kinds of objects will lead to the conclusion that objects are big" Looking at objects from different perspectives leads to different conclusions. This will help students expand their thinking perspective, think about things in a more all-round way, look at things more macroscopically as well as understand Zhuangzi's dialectical thinking. Moreover, there is an example taking Laozi's Tao Te Ching. The sentence of "True and credible words are not beautiful while beautiful words are not true. Kind people are not eloquent while eloquent people are not kind. Knowledgeable people don't show off while those who show off what they know are not really

knowledgeable” guides students not to believe biased beliefs and not to show off, but carefully consider judgment, be a person with a comprehensive and dialectical view on things and others, extensively learn and keep low-key. In this way, students will be capable of building a scientific and rational dialectical way of thinking, and reflecting on their own behavior.

### **4.3 Enhance Students’ Aesthetic Quality**

Aesthetic literacy is one of the important contents of humanistic quality education. In College Chinese classroom, it is not only an introduction of high-quality literary works, but also the transmission of beauty. Through the study of classical literature in Chinese class, students’ understanding of the image of beauty, the use of beautiful language, the experience of artistic conception of beauty, and the understanding of beautiful emotions will be greatly enhanced. Exploring the factors of beauty and touching the imagination of beauty are conducive to enhancing students’ aesthetic interest and aesthetic perception and taste. Let us take the aesthetic excavation of ancient poems such as Du Fu’s “a beauty lives alone in the valley”, Cao Zhi’s “beautiful women admire people of high moral character, but it is very difficult to find a virtuous husband” and Wang Bo’s “sunlight reflects the rosy clouds flying with the wild ducks. After the heavy rain, river appears to be unusually full. From a distance, the river seems to be connected with the sky” as examples. Through teacher’s explanation of the poems, students will understand the connotation of beauty, beautiful virtue, beautiful sentiment and beautiful scenery. Through College Chinese classroom teaching, students can be helped to construct elegant, positive, not vulgar and not superficial aesthetic accomplishment.

### **4.4 Enrich Students’ Written Expression and Improve Their Language Accomplishment**

The important criterion for judging students’ humanistic quality is whether they have good writing ability and excellent language expression ability. In order to promote the all-round development of students, colleges should pay attention to the cultivation of students’ humanistic quality, strengthen students’ language expression ability and language proficiency, and stress the improvement of literary literacy. In Chinese classroom teaching, teachers should pay full attention to students’ language expressive ability and writing skills. Through reading and writing in class, teachers are able to assist students to improve their writing expressive ability and find their own literary style, so as to improve their overall writing level. Moreover, through the interpretation of literary works, students are guided to express their feelings and thoughts in writing. Chinese classroom teaching in colleges and universities is not simply the teaching of Chinese knowledge, but one of the important means of implementing humanistic quality education. It can not only enhance students’ ability to express words and strengthen their writing skills, but also comprehensively improve students’ cultural accomplishment, so as to train a group of elegant students who are filled with knowledge.

## **5. Strategies for Improving Humanistic Quality Based on College Chinese Teaching**

### **5.1 Adhere to the Educational Idea of “Humanistic Spirit”**

It is required to respect students’ principal position, keep people-oriented as well as student-oriented, firmly establish the concept of “humanistic spirit” in Chinese classroom teaching, carry out humanistic spirit in classroom teaching, and impart good ideas and feelings to students, so as to improve students’ humanistic quality. Humanistic spirit helps students establish a better life goal, improve their personality, enhance the depth of self-awareness, broaden the height of looking at things, and open up the breadth of life path. Teachers need to actively tap the humanistic spirit and humanistic nutrition in the teaching of Chinese course to help students shape a good healthy psychology and promote healthy growth. Besides, teachers are supposed to enrich students’ emotions through the fine spirit and beautiful culture in excellent literary works, tap students’ inner beauty, and help students build a beautiful spiritual world. At the same time, it is necessary to guide students not only to focus on the present, but also to think about the future in the long run and have

judgments and ideas about life and the world and themselves.

## **5.2 Emphasize the Humanistic Infiltration of Chinese Classroom Teaching in Colleges and Universities**

For a long time, the allocation of class hours, the selection of teaching methods and the determination of teaching methods in the construction of Chinese courses in higher vocational colleges mainly take the construction of practical training courses into consideration. Teachers' perception of Chinese classroom is generally to simply cultivate students' ability to use language and writing skills. In view of this phenomenon, we should change our concepts and pay attention to humanistic penetration as well as the improvement of students' practical skills in Chinese classroom teaching. Through rich and colorful ancient and modern literary works at home and abroad, we are able to infiltrate students positive outlook on life, world outlook and values, influence them by actively utilizing excellent literary ideas and good moral expressions in literary works, tap their inner softness imperceptibly, awaken their national consciousness, and cultivate their good moral quality and noble sentiments.

## **5.3 Create a “Student-oriented” Humanistic Teaching Method**

Chinese classroom in higher vocational colleges carries an important mission of conveying the connotation of humanistic spirit and it is also an important carrier to improve students' humanistic quality. In Chinese classroom teaching activities, reading and writing teaching can not only train students' language application ability, but also improve students' language expression and writing ability. At the same time, it can also cultivate students' moral character, enrich their cognition, make them enjoy the baptism of spirit and improve their practical application ability. In Chinese classroom teaching, it is a prerequisite to help students acquire basic knowledge abilities such as reading and writing, a foundation to attach importance to the cultivation of students' language expression ability, and the key to develop students' thinking and cultivate their innovative spirit. Focusing on the cultivation of personality and creativity is a kind of development and improving students' literary and Chinese literacy is a necessity.

## **5.4 Establish Literary Activities with “Humanistic Connotation”**

In order to cultivate students' humanistic quality, colleges can not only carry out Chinese classroom teaching, but also mobilize students' enthusiasm for learning and improve their literary literacy through various literary activities, such as literary societies, poetry societies, literary and artistic performances, cultural and artistic festivals and so on. In addition, colleges are also suggested to actively hold lectures on humanistic tastes and other extracurricular activities with rich humanistic flavor, such as visiting museums and Martyrs Memorial halls, tomb sweeping, etc. At the same time, colleges can also construct a campus environment with rich humanistic flavor to cultivate students' temperament in a subtle way.

## **6. Conclusion**

To sum up, in order to build a socialist and powerful country with modern culture, we must attach importance to the cultivation of students. In College Chinese classroom teaching, we should not only impart basic knowledge of Chinese, but also attach importance to the edification of humanistic education. It is essential to stimulate students' inner feelings, enrich their cognition, broaden their thinking width, and enhance their understanding height. We must establish a student-oriented, scientific and rational concept of humanistic education, actively carry out various humanistic activities, enhance students' aesthetic and cultural accomplishments, and train a group of successors with high humanistic qualities for socialist modernization.

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